

ABSTRACT SUBMISSION GUIDELINES

2ND SAUDI EPIDEMIOLOGY CONFERENCE

Scientific Tracks

- The 2nd Saudi Epidemiology Conference welcomes the submission of abstracts for original contribution to the field of Epidemiology in the following tracks:
 - Environmental, Climate Change, and Occupational Health
 - Evidence Based Public Health Practice & Policies
 - Healthy Cities and The Built Environment
 - Data Mining for Healthcare
 - Leadership in Public Health & Healthcare
 - Emerging and Re-Emerging of Infectious Diseases
 - Burden of Non-Communicable Diseases in Saudi Arabia
 - Prevention of Diabetes and cardiovascular diseases
 - Cancer Epidemiology
 - Genetics in Public Health
 - Tobacco Control
 - Infection Prevention and Control
 - Mental Health & Substance Abuse

Abstract Submission Process: The final deadline to submit abstracts is **30 September 2016**.

Language: All abstracts must be submitted in English.

Abstract Structure:

- Abstract body must not exceed 300 words. The word limit relates only to the body of the abstract and does not include title, authors, qualifications, affiliations and institutions as these will automatically populate on the final abstract document based on the details entered into the relevant sections in the abstract submission site. (See the abstract template)
- **Underline the name of the presenting author**
- Abstracts should be structured as follows:
 - Title:** The title should be brief and concise not exceeding 150 characters. Only use standard abbreviations in the title.
 - Authors:** List all the authors and their affiliations.
 - Background:** indicate the purpose and objective of the research, the hypothesis that was tested or a description of the problem being analyzed or evaluated.
 - Methods:** describe the study period / setting / location, study design, study population, data collection and methods of analysis used. Use standard abbreviations for units of measure. Other abbreviations should be spelled out in full at first mention, followed by the abbreviation in parentheses.
 - Results:** present as clearly and as detailed as possible the findings / outcome of the study. Please summarize any specific results.
 - Conclusions & Recommendations:** Abstracts should disclose primary findings explaining the significance of your findings / outcomes of the study for disease prevention, treatment, care and/or support, and future implications of the results.

****Please use the below template for reference.***

- It is the author's responsibility to ensure the title, author and affiliation details entered in the abstract submission site are correct and exactly as they should be published on the abstract and all conference materials.

Contact details:

- Add the contact details of the responsible author to the end of the abstract.
- Font type must be Times New Roman or Computer Modern with 1.5 line spacing a font size of 12
- Abstracts must be free from typographical and grammatical errors.
- Standard abbreviations may be used for common terms. Otherwise, abbreviations should be given in brackets after the first full use of the word/s.

Submission Confirmation

- After submission of the abstract, a confirmation email will be sent to the abstract submitter.
- Along with abstract you should provide your short biography (up to 100 words) with your submission.
- You will be asked to nominate your preference for an oral, workshop or poster presentation. You will also be asked if you have a second preference should you first preference be unsuccessful.
- It is the responsibility of Presenting Author to disclose the details of Co-author.
- It is recommended to submit the abstract in electronic form via conference website ('abstract submission' link). The submitted abstract must be a Microsoft Office Word file (*.doc, *.docx).
- All submitted abstracts will be referred by the Local Organizing Committee / International Scientific Committee. Based on their scientific quality and relevance to the conference topics, the abstract will either be accepted for publication in the Conference related journal or rejected. The Book of Abstracts will be distributed to the participants at the registration both in electronic and hard-copy versions.

Notification of Acceptance or Rejection

- Notice of acceptance or rejection of the submitted abstracts will be sent to the submitting (corresponding) author(s) by mid-October 2016.

Posters

- A number of highest-scoring posters will be selected for presentation in oral poster discussion sessions. The information on poster size will be provided with the notification.

Submission address

- Abstracts should be submitted by email to: harono@ksau-hs.edu.sa

Payment: There is no fee for abstract submissions BUT **yes** for the Workshops.

Deadlines: Abstracts sent after the submission deadline will be placed in the post-deadline session.

General poster session:

- Authors may present any paper for the conference in poster format rather than the usual speaking format. If you wish to present a poster paper, please indicate when submitting the abstract.

For further information please visit the conference webpage: www.epidemiol.org

Abstract template: (Up to 300 words)

TITLE OF PAPER HERE, UPPER CASE, IN BOLD, CENTERED 12 POINT TYPE

Author Name^{a*}, Co-Author Name(s)^b

^a*Affiliation Information: Street Address/Box Number, City, State, Postal Code*

^b*Affiliation Information: Street Address/Box Number, City, State, Postal Code*

Background: The Healthy Lifestyle in Saudi Arabia by Nutrition in Adolescence (HESNA) study aimed to investigate different lifestyle factors and health outcomes among Saudi adolescents. Their dietary intake was assessed via different complementary methods. The aim of this presentation is to summarize the main dietary intake patterns derived from the HESNA study, as well as the most important determinants and health consequences of the adolescents' dietary patterns.

Method: the study was conducted among the adolescents in

Results: Adolescents' breakfast consumption was associated with lower body fat content and healthier cardiovascular profile, though only half of the adolescents could be categorized as breakfast consumers. Their food intake results in comparison with the guidelines urge the need to improve their dietary habits. Sugar sweetened beverages (SSB) are the most important energy contributor from all liquids consumed by Saudi adolescents and was related with increased insulin resistance. Adolescents with better diet quality were less at risk for IR when having higher physical activity (PA) as well.

Conclusions & Recommendations:

Keywords: Nutrition, Saudi Arabia, physical activity, etc.

Biography

Dr. XXXXXXXX has been Graduated from XXXXXXXX of XXX, XXXX as Medical Doctor, with the specialties including Internal Medicine, Social and Community Medicine and Diploma in Cardiology from the National University of XXXXX. Later on he obtained his post-graduation from National University of XXXX with subjects XXXXXXXX and then started working at The XXXXXXXXXXXXXXXXXXXXXXXXXXXX where he has continued his research. Presently he has been working at the XXXXXXXXX City. (Up to 100 words)

Desired presentation: _ Oral / _ Poster / _ either

Topic: According to the list of topics provided on the web site

Corresponding Author Details: Author Name

E-mail Address:

Organization/Hospital/University:

City, State, Country:

Telephone Number, Fax Number: